DATE

DOB _ COLUMBIA-SUICIDE SEVERITY RATING SCALE (C-SSRS)

Posner, Brent, Lucas, Gould, Stanley, Brown, Fisher, Zelazny, Burke, Oquendo, & Mann © 2008 The Research Foundation for Mental Hygiene, Inc.

RISK ASSESSMENT

Past 3 Months		Suicidal and Self-Injurious Behavior	Lifetime	Clini	cal Status (Recent)
		Actual suicide attempt			Hopelessness
		Interrupted attempt			Major depressive episode
		Aborted or Self-Interrupted attempt			Mixed affective episode (e.g. Bipolar)
		Other preparatory acts to kill self			Command hallucinations to hurt self
		Self-injurious behavior without suicidal intent			Highly impulsive behavior
Suicidal Ideation Check Most Severe in Past Month				Substance abuse or dependence	
🗌 Wi		ish to be dead			Agitation or severe anxiety
	Suicidal thoughts				Perceived burden on family or others
	Suicidal thoughts with method (but without specific plan or intent to act)			Chronic physical pain or other acute medical problem (HIV/AIDS, COPD, cancer, etc.)	
	Suicidal intent (without specific plan)				Homicidal ideation
	Suicidal intent with specific plan				Aggressive behavior towards others
Activating Events (Recent)				Method for suicide available (gun, pills, etc.)	
Recent loss(es) or other significant negative event(s) (legal, financial, relationship, etc.)					Refuses or feels unable to agree to safety plan
Describe:				Sexual abuse (lifetime)	
					Family history of suicide (lifetime)
	Pen	nding incarceration or homelessness		Prot	ective Factors (Recent)
	Cur	Current or pending isolation or feeling alone			Identifies reasons for living
Treatment History				Responsibility to family or others; living with family	
	Prev	Previous psychiatric diagnoses and treatments			Supportive social network or family
	Нор	Hopeless or dissatisfied with treatment			Fear of death or dying due to pain and suffering
	Non-compliant with treatment			Belief that suicide is immoral; high spirituality	
	Not	Not receiving treatment			Engaged in work or school
Other Risk Factors			Other Protective Factors		
Describe any suicidal, self-injurious or aggressive behavior (include dates)					